

PRIMARY CARE MONTHLY

The Brantford Brant Norfolk Primary Care Council Newsletter



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DIGITAL HEALTH

Digital Health Information Packages

- The BBNOHT have developed digital health resource packages to be distributed to primary care providers, hospitals, partner organizations, and pharmacies in Brantford, Brant, Norfolk.
 - The packages will include ConnectMyHealth brochures, postcards, posters and a BBNOHT brochure containing all digital resources and provincial health hotline numbers.
 - Organizations can expect these packages within the next few weeks.
 - Please consider placing these materials in a high-visibility location.
 - Email reminder will be sent ahead of delivery for primary care providers.



**BRANTFORD
BRANT
NORFOLK**
Primary Care Council

Suspension for children with non-compliant immunization records started March 26, 2024

- Students born in 2014-2016, whose immunization records are non-compliant with the Immunization of School Pupils Act (ISPA), were suspended from school on March 26.
 - We appreciate your ongoing effort to accommodate vaccination appointments promptly and for ensuring that any vaccines administered are reported to the Health Unit.
 - If you are unable to accommodate a vaccination appointment for a student in these cohorts in a timely manner, they can be advised to contact the Vaccine Preventable Disease Program at 519-753-4937 ext. 451 to book an appointment in one of our catch-up clinics."

MMR Vaccine Eligibility and Guidance

- Recently, a measles case was confirmed in a child resident of Brantford-Brant. The illness was acquired during recent travel to Europe.
 - This has generated interest among members of our Community about the Measles, Mumps, Rubella (MMR) vaccine. The Brant County Health Unit (BCHU) is directing those inquiring to contact their primary healthcare provider to discuss eligibility, check their vaccine status, and/or receive their immunization, should they be eligible.
 - Eligibility for the MMR vaccine is determined by previous immunizations and healthcare providers' clinical assessments. The health unit recognizes that we may not always have complete records for community individuals.
 - Please see the below quick reference for the current eligibility criteria for publicly funded MMR vaccine:

Infants aged 6-11 months

- Eligible to receive one dose of MMR vaccine before traveling to an area where the disease is of concern outside of Canada.
- Note: child would still be required to receive two doses after the first birthday, based on the routine immunization schedule (12 months of age and again at 4-6 years of age).

Children aged 12 months to 17 years

- The first dose of measles-containing vaccine is given at 12 months of age (on or after the first birthday). A second dose is routinely given between four to six years of age.
- Children who have not received the measles-containing vaccine are recommended to receive two doses.

Adults aged 18 to 25 years

- Adults aged 18 to 25 years who have not had a measles-containing vaccine should receive two doses of MMR. If only one dose was previously received, individuals in this age group are recommended to receive a second dose.

Adults aged 26 years and older and born in or after 1970

- Adults who have not had a measles-containing vaccine can be immunized by receiving one dose of measles-containing vaccine.
- A second dose of measles-containing vaccine is also recommended for adults who meet the following criteria:
 - Healthcare workers, Post-secondary students, Military personnel, Anyone travelling outside of Canada
 - Anyone based on their health care provider's clinical judgement

Thank you for your ongoing support in ensuring our community is protected against vaccine preventable diseases.

CANCER SCREENING

cQIP Primary Care Cancer Screening

- Regional data was shared at a recent Primary Care Council meeting demonstrating that Brantford, Brant, Norfolk cancer screening rates are in alignment with other regions, and meet the current screening guidelines.
 - Discussions are now occurring on next year's cQIP for Primary Care Cancer screening.
 - The three current population plans remain a focus for next year: PAP testing, FIT, and mammography. We will work on these targets through the mobile cancer screening bus and ensure PCPs are provided with communication through the BBNPCC website. There will be formalized pathways in place for unattached patients.

Mobile Cancer Screening Coach

- Mobile Cancer Screening Coach will tentatively begin offering services to BBN May 30th, on the last Thursday of the month.
 - Further details will be forthcoming once a firm plan is in place.

Breast Biopsy Communication to Primary Care

- After discussion with Norfolk PCs, the executive gained a better understanding of the breast screening pathway at Norfolk General Hospital.
 - This pathway consists of reflexive referrals for supplementary imaging, and biopsy arranged by the Norfolk General Hospital.
 - This model follows the CCO breast screening guidelines.
 - The Committee supports the discussion between BBNPC executive and the BCHS COS regarding adoption of the CCO breast screening guidelines for BCHS. This would then be in alignment to that at NGH.



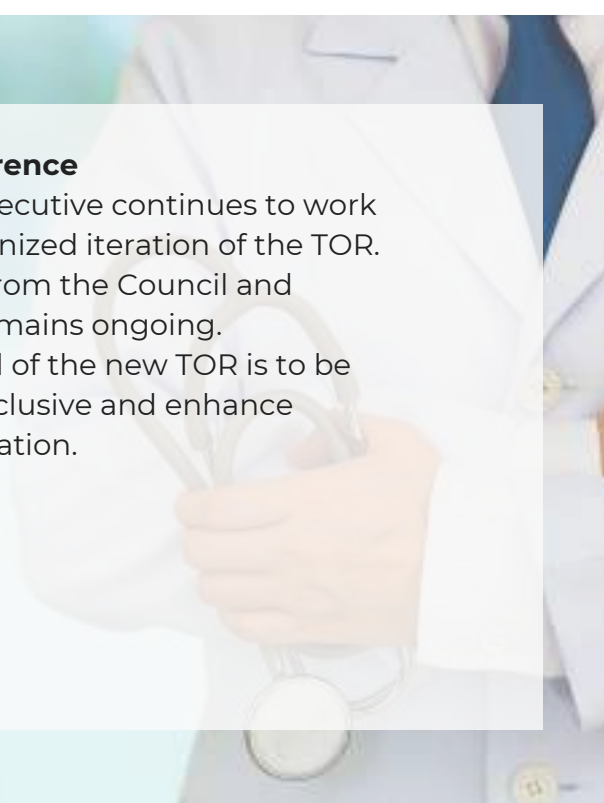
PRIMARY CARE COUNCIL

Workplan Update

- The PCC executive is developing an excel spreadsheet to track PCC projects, work accomplished to date, and what projects are anticipated.
 - This document will be reviewed and referenced in PCC meetings to help us be more proactive rather than reactive.
 - It allows for anyone to review this one document to gain an understanding of the work of the committee.

Terms of Reference

- The PCC Executive continues to work on a modernized iteration of the TOR. Feedback from the Council and revisions remains ongoing.
 - The goal of the new TOR is to be more inclusive and enhance collaboration.



MCMASTER DFM UPDATE



CaRMS Updates

- The DFM is pleased to have filled 83 of our 103 positions through the CaRMS selection process.
 - This is a strong result for our program, especially considering the challenges facing Family Medicine in our Province.
 - GE6N has unfilled positions, and we are well situated to fill them with strong applicants in the second iteration of CaRMS, open to both CMG and IMG applicants.
 - We will be looking for faculty to do file review for the second iteration. You will be compensated for your time. Email dallmanr@mcmaster.ca for more information.

Faculty Development Event - Creating Brave Spaces: A sim-based faculty development workshop on anti-black racism

- Health professionals and staff in Faculty of Health Sciences are invited to this virtual interactive workshop, which can help participants identify and disarm microaggressions through simulated interactions.
 - Lead facilitators: Renata Hall & Clare Warner
 - Partner Facilitators: Hannah Jordan, Sandra Monteiro, and X. Catherine Tong
 - [Click to learn more and register.](#)

When: April 18th, 3-5 P:M

Delivery: Virtual

DFM Virtual Faculty Lounge

- Each week in the Lounge, Dr. Catherine Tong and a co-host share a Faculty Development update or resource to help you stay connected. All DFM faculty are welcome! Stop in, say hello, take a minute for wellness, and build your Community.

When: Thursdays, 12-1 p.m.

Where: [Zoom](#)

Passcode: Teach

Check out our Monthly Info-Morsel

- [Info-Morsels \(fammedmcmaster.ca\)](https://fammedmcmaster.ca)
 - Dr. Henry Siu reviews the concept of informed consent and substitute decision making as part of the medical ethics teaching with the undergraduate medical school curriculum.

Coming soon - Faculty Event Alert!

- Emergency preparedness simulation, small group discussion & lunch in early spring 2024.
 - All physicians will encounter office emergencies at some time in their practice (though not necessarily during residency).
 - What are some strategies for imparting risk assessment and emergency preparedness to learners if the opportunity does not present itself during training?

QUESTIONS ABOUT FACULTY AND DEVELOPEMENT?

Interested in future events, available resources, teaching opportunities, and more?

Contact: Dr. Lauren Kielstra, Faculty Development Site Coordinator lauren.kielstra@medportal.ca

WORKING GROUP UPDATES

Homelessness in Brantford, Brant, Norfolk

- The latest point-in-time count of people experiencing homelessness shows 285 in Brantford and 117 in Norfolk, but the real number is likely higher than that.
 - The capacity of the shelters are estimated to be at a quarter of the homeless population, so they are always in demand.
 - GRCHC hired a NP to help provide support for homeless persons. She reaches out to encampments and homeless shelters to provide support.
 - GRCHC also has a hygiene system, open shower, clothes, and snacks. In the hospitals, they estimate that 5/7 hospital beds per unit every day are occupied by persons experiencing homelessness.

Mental Health and Addictions Update

- Recently, this working group has had leadership changes. They are in a transition phase as individuals acclimate to their new roles and the 2023/2024 projects are chosen.
 - In the past year, the committee has worked on pilot sites for mental health projects, collaborated with Woodview and RAAM, and creating a MH&A Dashboard with data that will be housed within the BBNOHT website.
 - Currently, the group is focusing on how to provide services to higher need populations and areas.



BRANTFORD BRANT & NORFOLK

YOUR HEALTH IS IN YOUR HANDS!

The BBN OHT Health Navigator is the one place to find local health services and access your personal health records on your mobile device at no cost!



HEALTH SERVICES & ADVICE

You can easily access free health advice through Health811 or browse health services in your area. Our health navigator connects you with the local and provincial services you need 24/7!



VIEW HEALTH RECORDS

ConnectMyHealth is a digital health solution that provides you with an online, single access point to view your health records from participating hospitals in southwestern Ontario including Brant Community Healthcare System & Norfolk General



LEARN MORE

We welcome and encourage community and user feedback so that we can ensure this Health Navigator meets your needs. Complete our brief survey by clicking "Learn more" in the app

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For more info:



www.bbnoht.ca



contact@bbnoht.ca



BRANTFORD BRANT NORFOLK
ONTARIO HEALTH TEAM

THE ONTARIO LUNG SCREENING PROGRAM: LUNG CANCER SCREENING FOR PEOPLE AT HIGH RISK

Three dates to fit your schedule:

- Thursday, March 28th, 0800-0900
- Wednesday, April 3rd, 1200-1300
- Tuesday, April 9th, 1630 – 1730

* Please pick the timeslot that works best for you

**This Group Learning program has been certified
by the CFPC and the Ontario Chapter for up to
1 Mainpro+ credits**



Presented By:

Christian Finley, MD, MPH, FRCSC

Professor, Departments of Surgery
Expert Lead, Canadian Partnership Against
Cancer Clinical Lead, Ontario Lung Cancer
Screening Program

**Dr. Katalin Ivanyi, B. Arts&Sci, MD,
CCFP, FCFP,**

Interim Chief - Department of Family Medicine
St. Joseph's Healthcare Hamilton

Deanna Burnet, RN, BN, MBA

Director, Clinical Programs

Learning Objectives

- ✓ Describe the evidence for lung cancer screening for people at high risk and apply it to the Ontario context
- ✓ Outline the steps in the screening pathway for the Ontario Lung Screening Program (OLSP)
- ✓ Identify people who should or should not be referred for lung cancer screening in the OLSP

Register at : <http://tinyurl.com/4mvkh2dh>



**Hamilton Niagara Haldimand
Brant Regional Cancer Program**

Ontario Health (Cancer Care Ontario)

**St. Joseph's
Healthcare**  **Hamilton**