

# STROKE PREVENTION for PRIMARY CARE PROVIDERS

*The Stroke Prevention Clinic is an outpatient clinic for:*

- Persons with recent symptoms of TIA or stroke
- Persons with recent hospitalization for TIA or stroke
- Persons experiencing a change in Health status or in imaging studies requiring consultation on stroke prevention and management

*The Goal of the Clinic is to reduce the incidence of future strokes by:*



## **Providing Rapid Access To:**

a) **Diagnostic Tests**- We will order the following:

- Head Imaging
- Vascular Imaging
- Cardiac Monitoring (ECG or Holter or Loop)



b) **Treatments**-We will start patients on:

- Antiplatelet Therapy
- Anticoagulation Therapy



**Identifying:** Risk Factors for Stroke



**Educating:** Patients and Families about Stroke and TIA

- + *All Referrals are triaged at the BGH for urgency. We aim to assess urgent patients within 72 hours and non-urgent within 30 days.*
- + *Patients in Norfolk area will be booked in Simcoe with Dr. Bard. Brantford patients are seen at BGH by Dr. Pastuszewska.*
- + *Complete the Brant Haldimand Norfolk Stroke Prevention Clinic Referral Form found at Central South Website [www.csnstroke.ca](http://www.csnstroke.ca).*

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## SIGNS AND SYMPTOMS OF STROKE: MASH (High Risk)

**MOTOR** (Unilateral weakness: face or arm or leg)

**ACUATE ATAXIA or VISION CHANGE** (monocular or hemifield vision loss or diplopia)

**SPEECH** (dysarthric or dysphasia/aphasia)

**HEMIBODY SENSORY** (unilateral numbness: face/arm or arm/leg)

If patient presents to your office  
**WITHIN 48 HOURS** of stroke  
symptom onset, call **911**-patients  
should not drive themselves. EMS  
will take them to the appropriate  
Stroke Center.

If patient presents to your office  
**OVER 48 HOURS** from  
symptom onset, refer immediately  
to the Stroke Prevention Clinic.  
Order tests as indicated on the  
referral.

Stroke is a **medical emergency**-  
persons who experience signs  
of stroke should **call 911**  
*immediately.*

**TIME IS BRAIN**-The faster the  
blood flow is restored, the  
more of the person is saved.



If you would like a FAST Poster for your practice please call 519-751-5544 x4222.

For further Stroke Resources and Education about Stroke, please refer to the  
Primary Care Provider Section on the Central South Website at [www.csnstroke.ca](http://www.csnstroke.ca).