

BBNOHT BUZZ

THE OFFICIAL BRANTFORD BRANT NORFOLK OHT NEWSLETTER



NORFOLK DEMENTIA TOWN HALL

On May 15th the Brantford Brant Norfolk OHT headed to Simcoe for our first in-person Dementia Town Hall in Norfolk! The discussion was led by Jennifer Miller (BBNOHT) and Robin Mummery (Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton) with additional support on-site from Haldimand Norfolk Community Senior Support Services. Participants shared their experiences with the varied Dementia services in Norfolk, and answered questions such as:

- Describe a patient/caregiver experience you have had in Norfolk County related to dementia care:
 - How did the experience make you feel during and after?
 - What was your ideal outcome?
 - What could have been done to create a more impactful experience for you?
- What are the priorities of caregivers in Norfolk County?
- How can the OHT better support you?

Information gathered from this town hall will be used for future planning for the Dementia working group. **Thank you** to all participants and community partners for your support!

IN THIS ISSUE

Dementia Town Hall

*Community Partner
Spotlight: St. Leonard's*

*Integrated Dementia
Resource Team*

*OHT Strategic Plan:
Thank You!*

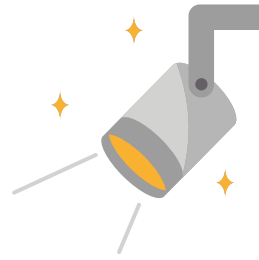
*Welcome Ellen
D'Antimo*

Aphasia Awareness




BRANTFORD BRANT NORFOLK
ONTARIO HEALTH TEAM

MENTAL HEALTH COMMUNITY PARTNER SPOTLIGHT:



 www.willowbridge.ca

 519-753-4173

 welcome@willowbridge.ca

What services does Willowbridge provide?

Across the entire organization:

150 clients/month

*average

Counselling

- Individual, couple, and family counselling
- Group counselling and psychoeducation
- 2SLGBTQ2+ Supports
- Intimate partner violence
- Addictions counselling
- Grief & Loss
- Mental Health
- Structured Psychotherapy
- Multicultural Counselling

DEVELOPMENTAL SERVICES

- Brief Service Facilitation
- Encompass Service Coordination
 - Ongoing Service Coordination (Adults & Kids)
 - Enhanced Service Coordination (Adults)
 - Transitional Aged Youth (Youth)
- Routes Respite Community
 - Social Recreation Groups
 - Day-time program (Adults)
 - March Break & Summer Camps (Kids & youth)
 - Passport Programming
 - The Grove After School Program (Youth)
- Pivot Behaviour Supports (Adults & Kids)
 - Caregiver Trainings
 - Behaviour Consultation
 - Skill-building groups
 - Behavior support plan Review
 - Pivot Clinic
- Counselling

GROUPS

- Virtual Groups
- Women Initiating New Growth and Self Esteem (WINGS)
- Soaring Above the Turbulence
- Flying Together in Healthy Relationships
- Zones of Regulation
- Nurturing Self Compassion
- Skills for Healthy Living
- Social Recreation Groups

HOW TO ACCESS SERVICES:

- **Counselling services:** No referral required! Book an appointment by phone, walk-in, or Willowbridge.ca
- **Ontario Structured Psychotherapy:** refer through a physician or [online here](#)
- **Developmental services for children:** refer through Contact Brant
- **Developmental Services for Adults:** refer through Developmental Service Ontario (DSO)
- **Routes Respite Community:** No referral required for fee service, refer through DSO for funded placements
- **Groups:** No referral required, register for service by phone, walk-in, or online at Willowbridge.ca

WELCOME ELLEN D'ANTIMO AS PROJECT COORDINATOR!

The OHT is pleased to announce that Ellen D'Antimo has joined the BBN OHT as a Project Coordinator, effective May 8, 2023. In this role, Ellen will work closely with Lynda Kohler (OHT Project Lead, Homelessness) to provide operational and project management support to BBNOHT initiatives, specifically in the area of homelessness with the potential to explore other integrated pathways over time.

Ellen has experience in health and social services with her most recent work experience at Hamilton Health Sciences. She brings knowledge and experience in working with vulnerable populations with specific experience in acquired brain injury and youth. Ellen holds a BSC in Kinesiology and is completing a Masters in Business Administration. Ellen is looking forward to this position to work in her home community of Brantford and to apply her skills and experience to further our work together as an OHT. Please join us in welcoming Ellen to this new role!



OHT STRATEGIC PLAN SURVEYS

The Brantford Brant Norfolk OHT would like to thank our community partners and Persons with Lived Experience network for their assistance with our OHT Strategic Plan Survey distribution.

With your help, we were able to receive over 500 unique responses through various engagement methods in only a two week time period! These surveys will be instrumental in guiding our 3-5 year Strategic Plan and future priorities and objectives.

DISCOVERY INTERVIEWS

3 discovery interviews were conducted with the co-chairs of the Joint Board, Executive Leadership Group and the Project Sponsor.

SURVEYS

405 responses were collected through a survey that was conducted through broad distribution to patients/families, clinicians, staff, and OHT partners.

FOCUS GROUPS

4 Focus Group sessions were completed with members of the Joint Board, Executive Leadership Group, BBNOHT Partner Organizations and Indigenous Partners.

STRATEGY HUBS

7 Strategy Hubs were held across in order to gather perspectives from different residential groups (e.g., persons experiencing homelessness, senior residents and more).

INTEGRATED DEMENTIA RESOURCE TEAM UPDATES



The Dementia Embedded Resource Team is growing! Starting in January 2023, the program, which was piloted in Brantford in April 2021, has now been expanded to include Norfolk General Hospital.

[You can read more about the expansion in the Hamilton Spectator article here.](#)

The integrated team includes:

- Home & Community Care Coordinator
- Community Resource Member (DREAM team)
- Hospital staff



**DEMENTIA
RESOURCES
EDUCATION
ADVOCACY
MENTORSHIP**

LATEST NUMBERS FOR Q4 (JAN-MARCH 2023):

Norfolk General Hospital
25 seen, 10 diversions
40% diversion rate

Brantford General Hospital
85 seen, 61 diversions
71.7% diversion rate

DEMENTIA WORKING GROUP UPDATES:

- We are pleased to announce that Jennifer Miller's role in the OHT Secretariat has been changed to Project Manager! Jennifer originally joined us as an OHT Impact Fellow and has been instrumental in the development of the OHT Dementia WG.
- The John Noble Home (Brantford) Day and Stay program has been expanded.
 - Now available any day of week.
 - Provides respite for families with members with dementia.
- **In Progress:** Dementia Raising Awareness Campaign to begin summer 2023 and focus on awareness, education and anti-stigma. Potential partnership with Laurier University for student and event support.





JUNE IS APHASIA AWARENESS MONTH!

APHASIA AWARENESS

- Aphasia is a language impairment following a stroke, brain injury or brain illness.
- Aphasia can affect speaking, reading, writing and understanding.
- Aphasia is a communication difficulty. It does not affect thinking or intellect.
- Aphasia affects everyone differently. For most people with Aphasia, communication gets better over time. Be patient. There are good days and bad days.

ARTC BRAIN CRUSADERS

- The Adult Recreation Therapy Centre (ARTC) Brain Crusaders are an Aphasia advocacy group. Their mission is to raise awareness about Aphasia. The group started in 2020 and has accomplished many projects, some of which include an Aphasia T-shirt, brochure, flag and pin.
- This group has recently become part of a focus group for people with lived experience on the Brantford Brant Norfolk Ontario Health Team.
- ARTC runs Aphasia Conversation Groups:
 - 519-753-1882
 - www.artc.ca

A.R.T.C.

Aphasia Advocacy Day

Friday June 16, 2023

Help spread
the word about
Aphasia!

Information Booth
Lynden Park Mall - Brantford
10 a.m. - 2 p.m.

Flag Raising Ceremony
Harmony Square - Downtown Brantford
3 p.m. - 3:45 p.m.

For more information please call 519-758-4630

**“PEOPLE WITH
APHASIA KNOW
MORE THAN THEY
CAN SAY”
(APHASIA INSTITUTE)**

VOLUNTEERS NEEDED

HALDIMAND-NORFOLK COMMUNITY
SENIOR SUPPORT SERVICES



Volunteers Needed For:

Driving Clients to appointments
Home Maintenance Brokers

CALL US NOW TO GET STARTED!

Norfolk Area	519-426-6060
Caledonia	905-765-0877
Hagersville	905-768-3076
Dunnville	905-774-3005

Mission Statement

Haldimand-Norfolk Community Senior Support Services Inc. exists to enhance independence and quality of life for seniors and adults with disabilities.



BBQ PORK DINNER FUNDRAISER

Join us for a delicious pulled pork sandwich
baked beans, coleslaw & chips

FEATURING JP BBQ

Thursday June 1, 2023

4:00 P.M - 7:30 PM

Royal Canadian Legion
Simcoe, ON

\$12.00
PER PLATE

Tickets available for Take-Out or Dine In
@ 220 Victoria St. Simcoe, ON



For more information call
519-426-6060



BRANTFORD BRANT NORFOLK
ONTARIO HEALTH TEAM



Woodview
mental health & autism services

Community Town Halls 2023

Welcome

BRANTFORD INTERNATIONAL VILLAGES FESTIVAL PARTICIPANTS
TO JOIN US IN EXPLORING CULTURALLY RELEVANT CARE IN
MENTAL HEALTH AND HEALTHCARE SERVICES!



WEDNESDAY, JULY 12

10 AM TO 12 PM - IN PERSON EVENT
643 PARK RD, BRANTFORD

REGISTER: <https://bit.ly/3OQo7iQ>



TALK-IN CLINIC



THE NORFOLK FAMILY HEALTH
TEAM IS EXCITED TO ANNOUNCE A
NEW SINGLE SESSION MENTAL
HEALTH COUNSELLING CLINIC FOR
ADULTS 18+ IN NORFOLK COUNTY

WHEN: Wednesdays from Noon until 8 p.m.

WHERE: Delhi Community Health Centre
at 105 Main St. in Delhi (across from TD Bank)

All sessions are by appointment only.

Please call: 519-582-2323 Ext. 232

to schedule a 60 minute session with a counsellor.

COST-FREE

**NO REFERRAL
OR HEALTH
CARD NEEDED**

**IN-PERSON,
ONE-TO-ONE
SUPPORT**

**CONFIDENTIAL
AND CLOSE TO
HOME**

A Mental Health Counsellor will explore the issues that you want to discuss and will work with you to identify skills and strategies to help you manage or resolve them. Goals and next steps will be written down to take with you.

Some Issues That We Can Support You With:

- Anxiety
- Depression
- Life Stressors
- Grief and Bereavement
- Family / Couples / Parenting Conflict
- Major Life Changes or Transitions
- Violence or Abuse
- Systems Navigation and Referrals

If you are experiencing a crisis or require immediate support, please call CAST at 1-866-487-2278.

YOU DO THE TALK-IN, WE'LL DO THE LISTENING



Brantford Autism Services



643 Park Road North, Brantford



Let's Explore Brantford Together! **Summer 2023**

New community outing / daily living skill groups for children this summer!

- 1:1 with an ABA Therapist
- explore a wide variety of community activities
- practice social skills with peers and community members
- learn about community safety and meal/snack prep
- Weekly activities at our Park Rd N location & Brantford area

Jr. Community Explorers
Ages 5-8

Thursdays
July 6 to August 31
9:00 am to 12:00 pm

Eligible OAP expense

Community Adventure Kids
Ages 9-12

Wednesdays
July 5 to August 30
9:00 am to 12:00 pm

Eligible OAP expense

Register Today!

Jessica, Intake Coordinator
(905) 689-4727 ext. 115
brantfordautismservices@woodview.ca



Scan to learn more!





About Us

The Adult Recreation Therapy Centre (ARTC) is a community-based adult day program. Our program helps individuals gain a sense of achievement and improve their overall wellness through social, recreational, and therapeutic activities in a friendly environment.

COMING SOON

ARTC COUNTY DAY PROGRAM



Details

Cowan Community Health Hub - Paris, ON
Thursdays 9 a.m. - 3 p.m.

If you are trying to remain independent and living at home in the County of Brant, join our adult day program.

Call us for more information!



ARTC programs are specifically designed for:

- Adults with various physically disabilities, such as Stroke, Parkinson's Disease, MS
- Frail Elderly
- Early stages of Alzheimer's disease and other progressive cognitive disorders or dementias of aging
- Caregiver respite



Contact Us:

Program Co-Ordinator
519-753-1882 Ext. 103



TO OUR OHT PARTNERS

Do you have an event or announcement that you would like to be featured in the next OHT newsletter, website or social media? **Email contact@bbnoht.ca**

We would love to hear from you!